

EARLY CHILDHOOD PROFESSIONAL DEVELOPMENT



PRACTICE SESSIONS are an additional optional session, included in many of our workshops this year at no additional cost. These facilitated sessions will deepen and broaden the learning from the workshop by offering a place for Q & A and to share and reflect on the information learned, attendee experiences related to the topic, resources, and challenges or successes with integrating the new knowledge into your practice. You will receive one training hour for attending a practice session.

INTRODUCTION/OPEN HOUSE: RESILIENCE STARTS WITH US

Staying strong, calm and positive during the re-opening process is challenging. This free event will provide discussion and resources on the importance of self-care to support our care for children. We will also share our professional development calendar that offers practical support and resources to navigate these unusual times.

INSTRUCTORS: Desiree Lalbeharie-Josias, Ed.D. & Mary Schreiber, M.Ed.

CORE COMPETENCY: 7, 8 • **CREDITS:** 1 training hour • **COST:** FREE • **DATE:** 9/23/20 (6:30 - 7:30pm)

ALL COURSES ARE ONLINE!

USING ROUTINES AND PREDICTABILITY TO PROMOTE STABILITY IN EARLY LEARNING EXPERIENCES

Young children thrive with stability. These unusual times increase the need for stable nurturing early experiences. In this workshop we will discuss responsive teaching strategies for child-directed free play, social interaction, and for safe sensory exploration which align with EEC and CDC guidelines. The Pyramid Model approach of supporting children's positive early learning experiences and behavior by considering the intersection of relationships and environment, as well as key elements of trauma informed care will be discussed.

INSTRUCTOR: Emily Koester, M.Ed. • **CORE COMPETENCY:** 4, 5

CREDITS: 1.5 training hours • **COST:** \$40

FALL DATE: 11/5/20 (6:30 - 8:00pm)

PRACTICE SESSION: 11/12/20 (6:30 - 7:30pm)

SPRING DATE: 1/13/21 (6:30 - 8:00pm)

PRACTICE SESSION: 1/20/21 (6:30 - 7:30pm)

REASSURING AND RESPONSIVE CARE: EARLY EDUCATION IN A CHANGING WORLD

The intersection of the COVID-19 Pandemic and increased awareness and reactions regarding racial injustice is the perfect storm for increased anxiety in our communities, families and children. Early childhood is an ideal time to build positive foundations and to foster understanding and compassion. Strategies to address children's anxiety and to maintain reassuring and culturally responsive programs will be discussed.

INSTRUCTOR: Dana Lee Mengwasser • **CORE COMPETENCY:** 2

CREDITS: 1.5 training hours • **COST:** \$40

DATE: 10/7/20 (6:30-8:00pm)

PRACTICE SESSION: 10/14/20 (6:30 - 7:30pm)

USING DRAMATIC AND PRETEND PLAY TO MAKE MEANING OF OUR CHANGING WORLD

Dramatic play is a powerful early learning tool that ignites imaginative play, creative expression, and helps children understand events, practice emotional regulation and read social cues. During these unusual times pretend play can help children process cultural shifts, and social changes. Early educators can implement specific strategies and activities to help children dramatize and make sense of new and confusing experiences and expectations such as mask wearing and social distancing.

INSTRUCTOR: Mary Schreiber, M.Ed. • **CORE COMPETENCY:** 5

CREDITS: 1.5 training hours • **COST:** \$40

DATE: 3/18/21 (6:30 - 8:00pm)

PRACTICE SESSION: 3/25/21 (6:30 - 7:30pm)



UNDERSTANDING AND ADDRESSING YOUNG CHILDREN'S CHALLENGING BEHAVIORS

Young children use their behaviors to communicate their feelings, needs and wants. This course looks at what children may be trying to communicate with their behavior, the impact of trauma on behavior and why children sometime have challenging behaviors. Information on brain development, the importance of healthy social emotional development, and the impact of trauma will all be discussed in the context of understanding and addressing young children's behaviors.

INSTRUCTOR: Sarah Lusardi, LicSW • **CORE COMPETENCY:** 2

CREDITS: 1 CEU or 10 training hours • **COST:** \$100

DATES: 5/11/21, 5/13/21, 5/18/21, and 5/20/21 (6:00 - 8:30pm)

BUILDING SKILLS FOR CULTURALLY RESPONSIVE ANTI-BIAS EARLY EXPERIENCES

Culture shapes our beliefs, values, practices, interactions and relationships. In this course, early childhood educators will explore the intersection and impact of culture and bias in early learning experiences. Opportunities for learning, reflection and discussion will support course participants' journey to promoting anti-bias and anti-racist early childhood education.

INSTRUCTORS:

Desiree Lalbeharie-Josias, Ed.D. & Safire DeJong, Ed.D.

CORE COMPETENCY: 3, 5

CREDITS: .5 CEUs or 5 training hours • **COST:** \$70

DATE: 4/13/21 (6:00 - 8:00pm), 4/20/21 (6:00 - 7:30pm) and 4/27/21 (6:00-7:30pm)

PROMOTING EQUITY IN EARLY CHILDHOOD SETTINGS: PART 1 EXPLORING IMPLICIT BIAS: A CRITICAL STEP FOR ANTI-BIAS EARLY EDUCATION

Implicit biases develop during early childhood and they play a role in shaping our value systems. In this workshop we will deepen participants' understanding of implicit bias, how it develops and how we can recognize and prevent it as an important first step to promoting social justice and equity. Strategies and resources for early educators will be discussed.

INSTRUCTOR: Desiree Lalbeharie-Josias, Ed.D.

CORE COMPETENCY: 7, 8

CREDITS: 1.5 training hours • **COST:** \$40

DATE: 11/10/20 (6:30 - 8:00pm)

PRACTICE SESSION: 11/17/20 (6:30 - 7:30pm)

PROMOTING EQUITY IN EARLY CHILDHOOD SETTINGS: PART 2 USING CULTURALLY RESPONSIVE PRACTICES TO ADDRESS IMPLICIT BIAS

Culturally responsive practices (CRP) will be discussed in context of addressing and reducing implicit bias in early childhood. The connections of CRP, social emotional learning and family engagement will also be explored. Concrete strategies and beneficial tools to support embracing all kinds of diversity and the promotion of racial justice will be shared.

INSTRUCTOR: Desiree Lalbeharie-Josias, Ed.D.

CORE COMPETENCY: 7, 8

CREDITS: 1.5 training hours • **COST:** \$40

DATE: 12/1/20 (6:30 - 8:00pm)

PRACTICE SESSION: 12/8/20 (6:30 - 7:30pm)

PRACTICAL TOOLS FOR SUPPORTING YOUNG CHILDREN WITH ASD DURING COVID-19

This workshop will provide tools and strategies you can begin using tomorrow to promote comfort, safety, and social connection for young children with autism and their peers amidst the new COVID-19 school regulations. Participants will leave with a concrete list of tools, songs, games and books to begin using right away in their classroom settings.

INSTRUCTOR: Chrissy D'Agostino, M.A.

CORE COMPETENCY: 1, 6, 7

CREDITS: 1.5 training hours • **COST:** \$40

FALL DATE: 11/2/20 (6:30 - 8:00pm)

PRACTICE SESSION: 11/9/20 (6:30 - 7:30pm)

SPRING DATE: 1/7/21 (6:30 - 8:00pm)

PRACTICE SESSION: 1/14/21 (6:30 - 7:30pm)

TUNE IN TO TEMPERAMENT

Children enter the world with unique temperaments, which shape the personality they develop over time. Learn about the traits seen in the three temperamental categories, sometimes referred to as "flexible, fearful, and feisty". Strategies on how to care for children based on their temperament will be discussed, as well as the 'goodness of fit' between your own temperament and those of the children in your care.

INSTRUCTOR: Mary Schreiber, M.Ed.

CORE COMPETENCY: 1, 5

CREDITS: 1.5 training hours • **COST:** \$40

DATE: 2/23/21 (6:30 - 8:00pm)

PRACTICE SESSION: 3/2/21 (6:30 - 7:30pm)

HOW DO WE PLAY NOW? UNDERSTANDING SENSORY MOTOR PROCESSING IN YOUNG CHILDREN IN COVID TIMES

Session 1: We will discuss how sensory motor play provides the foundations for brain development in young children.

Session 2: How to keep kids moving, playing and getting what they need within social distancing limits.

INSTRUCTORS:

Tom Murphy, MS, OTR/L, ATP & Arlene Spooner, PT

CORE COMPETENCY: 1, 5 • **CREDITS:** 3 training hours

COST: \$55 • **DATE:** 10/6/20 and 10/13/20 (6:30-8:00pm)

PRACTICE SESSION: 10/27/20 (6:30 - 7:30pm)

ENGAGING AND SUPPORTING FAMILIES

Building supportive relationships with families is always important, especially now. As we grapple with the pandemic and issues related to racial injustice, the daily complexity of family life is increased and is different for each family. Strategies for culturally responsive communication and relationship building, addressing developmental lags, and resources for families will be discussed.

INSTRUCTOR: Mary Schreiber, M.Ed. • **CORE COMPETENCY:** 3

CREDITS: 1.5 training hours • **COST:** \$40

DATE: 10/19/20 (6:30 - 8:00pm)

PRACTICE SESSION: 10/26/20 (6:30 - 7:30pm)

INSPIRING YOUNG SCIENTISTS

Providing STEAM activities and exploration in the context of managing the pandemic health and safety concerns requires us to be innovative. Participants will learn safe and creative activities that allow for fun exploration and experimentation. Suggestions to engage children's imaginations, promote creativity, and sharpen their powers of observation will be provided. We will discuss the value of encouraging natural curiosity, noticing what children are doing, and asking the right questions.

INSTRUCTOR: Mary Schreiber, M.Ed. • **CORE COMPETENCY:** 5

CREDITS: 1.5 training hours • **COST:** \$40

DATE: 4/7/21 (6:30 - 8:00pm)

PRACTICE SESSION: 4/14/21 (6:30 - 7:30pm)

DETAILS AND ONLINE REGISTRATION:



collaborative.org / ec-professional-development

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